# Welcome to the autumn newsletter for Foundation and Core Trainees interested in the speciality of Urology.

Below is a brief overview from Education lead for FYs & CTs Anna O'Riordan addressing some important upcoming courses, dates and need to knows before the festive season.

## **Applications Opening Soon for Core Surgical Training Programmes**

As the applications for core surgical programmes draw closer, remember to check that you have all the essential requirements prepared, without these it is unlikely you will be shortlisted. It is imperative for all applicants to have a logbook, I encourage you to start this now if you have not already. Additionally, ensure you have joined a surgical society, completed a surgical related course, as well as a surgical audit and a re-audit. Essentially, looking at portfolios of those that have been successful before you is a helpful starting point. Please refer to the portfolio website for guidance, which is linked below as it is not too late to get things ready in time for interviews in early 2020. If you are not sure what rotation to apply for please look at the GMC national training survey to observe feedback from the various surgical and urological rotations in the country.

#### Tasters

For those of you not sure if urology is the speciality or you I would highly recommend that you do taster. Please look at the appropriate page on the website for links to local champions.

### Audit and QuiP

Another recommendation is looking at the BAUS Audit website and the audit projects and take into consideration undertaking a project in your department. As trainees you will need to engage in a project each year, as it is a must for your surgical application. Another recommendation would be to submit your project next year for consideration at the BAUS Foundation Audit / QuIP competition. There are prizes for the winners and those who achieve a good standard will be invited to present at the BAUS Annual Meeting. A great opportunity and one that should not be missed.

## Core Urology Course, Leicester, 6th - 9th January 2020

For those interested in the speciality of Urology it is recommend to attend the BAUS Core Urology Course . It is a 4 day residential course (for those who do not live nearby) and covers almost every topic you will need to know in urology. All lectures are delivered by esteemed consultant urological surgeons. There are also sessions on portfolio reviews, talks from the BURST team, MDT discussions and hands on training with Olympus. This is chance for you to learn, ask questions and mingle with your peers with no distraction and no bleeps! Numbers are limited so book your place and get your study leave application in early to avoid disappointment.

The BAUS Annual Meeting will be held in Birmingham on 15-17 June 2020. This is the largest Urology meeting in the UK, with an always riveting programme and enjoyable social elements. BAUS abstract submission are currently open until the 9th January 2020, with an array of different themes to submit on. Further information about the meeting, and abstract submissions are available through the link below.

The BAUS Section of Trainees will be holding their first conference meeting at the Leeds College of Music 6 - 7 February 2020. BSoT are aiming to get registrars together to socialise, share training experiences and hear the latest research evidence and guidelines. Along with an exciting programme, they are also holding a social dinner on Thursday 6th February. Registrations are open to all, if you would like to register please follow the link below.

Hopefully this has been helpful information, and If you would like to get in touch with either BAUS or an educational lead, please do not hesitate to contact events@baus.org.uk.

Wishing everyone all the best for 2020.

Anna O'Riordan

Education lead for FYs & CTs